# Veterans Court Mentors

Tribal Veterans Wellness Court Symposium Missoula, Montana August 30, 2019

Brenda C. Desmond Missoula Veterans Court

## Missoula Veterans Court Program

- Eligibility: Veteran with mental health challenge and co-occurring substance use disorder, involved in any stage of criminal justice system, including probation.
- Screening: substance use and mental health assessments, willingness, (not enthusiasm) to participate in program.
- Court program: five phased program includes individualized treatment requirements, vocational goals, long-term recovery practice.
- Team: Prosecutor, Defense, Probation Officer, Law Enforcement, VA VJO, Missoula Vet Center representatives, VA Community-Based Outpatient Clinic treatment representative, Mentors, Judge and participant.

## Missoula Veterans Court Treatment Services

- Missoula Vet Center, Missoula Community Based Outpatient Clinic, Fort Harrison VA Hospital, Non-Veteran services; "Seeking Safety."
- Heroes Therapeutic Outreach Program: Red Willow Learning Center.
- X-Sports for Vets.
- Ancillary Services.
- Upcoming this Fall: Courthouse Meditation for participants and mentors.

#### **Veterans Court Mentors**

- Volunteer Veterans from community.

- "Trusted Friend," not counselor.

- Annual training plus monthly meetings.

- Application process: background check.

# Veterans Court Participants since 2011

- Two thirds are combat Veterans: all combat eras and zones since Vietnam.
- Offenses: assault and partner or family member assault, DUI and criminal endangerment, (while driving).
- Substances: alcohol, THC, meth.
- Driver's licenses: almost half begin program without a license.
- Employment: 1/3 begin the program unemployed, majority obtain job, enter school or receive VA disability while in program.

# **Volunteer Veterans From the Community**

- Why Veterans?

- Where to find mentors?
- Outreach
- Publicity
- Current Mentors

## "Trusted Friend"

-Peer, not counselor.

-Advisor, not systems navigator.

-In crisis, connect participant to clinician, (911).

# **Annual Mentor Training**

- Training for current and new mentors: eight hours on Saturday and Tuesday evening in November.
- Court description and process; post-combat issues.
- Native Americans and historic trauma.
- Treatment services description.
- Mentor panel.
- Graduate/participant panel.

# Monthly Mentor Training Topics

- Suicide prevention: QPR, safeTALK, VA Montana suicide prevention program.
- Motivational Interviewing.
- Overview of Job Service Veterans Services.
- Drug Testing.
- Veterans Housing Issues.
- Meditation and Yoga.

## **Mentor Application Process**

- Application form: military service, mentor experience, treatment experience, 2 references.
- Background check.
- Criminal background reviewed not automatically ineligible.
- Substance use background reviewed not automatically ineligible.
- New mentors matched with an experienced mentor.

# Montana State Veterans Service Organizations

- Montana's statewide service offices: Belgrade, Billings, Butte, Great Falls, Havre, Helena, Kalispell, Lewistown, Miles City, and Missoula.
- Claims services provided to Native American Veterans in all state offices and by staff traveling to reservations.
- Nationally, distance between reservations and state offices often seen as a limiting access to claims services for some Native American Veterans.

## **Examples of State VSO Services**

- Prepare and file benefit claims for veterans and their families.
- Represent veterans and their families in the claims and appeals process of the VA.
- Provide regularly scheduled veterans outreach services throughout the state.
- Advise veterans and their families on veterans benefits, and assist in obtaining legal and medical documentation to support claims.
- Obtain military service records and awards.

# Tribes and Tribal Organizations Recognized for purposes of Claims Representation

- On January 19, 2019, the federal regulations on VA claims representation, were amended to authorize tribal organizations to provide claims services.
- The new rule allows a tribe or a tribal organization established and funded by one or more tribal governments to be recognized for the purpose of providing assistance on VA benefit claims.
- The new rule also allows an employee of a tribal government to become accredited through a recognized State organization in a similar manner as a County Veterans' Service Officer (CVSO) may become accredited through a recognized State organization.

## Missoula Veterans Court Schedule

- Monday weekly.
- Court team meeting 11:30 1:00 p.m.
- Participant Alumni group 12:00 1:00 p.m.
- Veterans Court session: 2:30 3:15.
- Meditation: 3:30 4:30.

#### **Contact Information**

Missoula Veterans Court
Missoula County Courthouse
200 W. Broadway
Missoula. MT 59802
(406) 258-4641
bdesmond@mt.gov